



Membership consent form for Trinergy Ayurveda Wellness and Spa

I hereby consent to participate in the monthly membership program to make use of Trinergy's services for my health and vitality. I have read through the membership details and benefits. I understand that a monthly charge (depending on my choice of membership as indicated below) will be auto-debited from my credit card for the duration of this membership. I understand that I can cancel at any time with a 60-day notice. I understand that I am required to provide a valid credit card to maintain an active membership status.

Vitality (\$75.00 per month)

Name: _____

Signature: _____

Date: _____

Discount Policy

Please note that special offers may not be combined. All discounts and coupons will apply to regular, walk-in rates. Unless expressly stated on the discount offer, discounts may never be combined with member or new customer rates.

Trinergy Ayurveda Wellness & Spa

12800 W National Ave. New Berlin WI 53151 * 262-955-6600



At Trinergy Ayurveda, our main philosophy is **prevention!** After all, prevention is better than cure. Ayurveda recognizes that there are six stages to disease formation. By the time, a person becomes aware of the disease (through the experience of symptoms), they are already in the 3rd or 4th stage of disease progression. Common sense dictates that we nip the problem in the bud! But how do we do that?

Science of Ayurveda has helped people through the ages enjoy a blissful life; with guidance regarding food, lifestyle, exercise, yoga, meditation, and selfcare practices. Detoxification (Panchakarma) procedures and regular massage have been 2 very fundamental tools for selfcare.

We know now that regular massage therapy stimulates blood & lymphatic flow, replenishes and rejuvenates the tissue, maintains suppleness and flexibility of joints, exfoliates the skin, boosts immunity, increases "happy" chemicals in our system; etc leaving us refreshed, relaxed and glowing.

The unique benefits of Ayurvedic massage are the use of Marma technique (energy point stimulation – akin to acupressure), use of personalized herbal oils with their own benefits, and the optional detoxifying herbal steam sauna.

To ensure easy and affordable access to these benefits, Trinergy Ayurveda is pleased to introduce our **NEW** monthly membership packages. Keeping yourself happy, healthy, feeling alive and vital; has never been so easy.....:

Vitality (\$75 per month):

Includes One 60min session of Abhyanga Massage per month. Unlimited sessions at same member rate. *

How it works:

- *Month to month program*
- *3rd of every month, Payment auto-debited with credit card on file.*
- *No contract, cancel with 60-day notice. Written cancellation required (email accepted)*

Member Perks:

- *Membership extends to family members! (it is actually a family membership).*
- *Nirvana Session (Abhyanga+Shirodhara+Steam Sauna): \$135.00 (reg: \$155.00)*
- *Members receive 5% additional discount on our monthly promotions, every month!*
- *Members can gift 2 massages at member price to 2 friends every month!*
- *10% discount for therapeutic services (Panchakarma, Nasya, Basti, etc)*
- *20% discount for Initial Ayurvedic Consultation*
- *60 min 4-hand Abhyanga (45 min massage + 10 min steam sauna): \$115.00 (reg: \$145.00)*

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